

Teenagers and Learning

Helping Teens connect to God's Word (part 2)

<i>CHANGES IN TEENAGERS</i>	<i>APPLICATION</i>
<p>I. Physical development</p> <ol style="list-style-type: none"> 1. Very fast growth; girls outpace boys 2. Sexual organs function like adults. 3. Boys' voices become coarser. 4. Coordination problems 5. They seem lazy 	<ol style="list-style-type: none"> 1. Separate boys and girls. 2. Talk to kids about sex. Explain to them the changes in their bodies. 3. Don't insist that boys sing if they don't want to. 4. Do not scold the kids for being awkward. 5. It may be fatigue due to energy fluctuations.
<p>II. Cognitive changes</p> <ol style="list-style-type: none"> 1. Adolescents are able to look at things from another person's _____. 2. They think they are _____ and that their problems are worse than anyone else's. 3. They can think both _____ and logically. 4. They are daydreaming and creative. 	<ol style="list-style-type: none"> 1. Use discussion, questions and answers, and videos where kids share their opinions. 2. Discussions can help them realize they are not the only one who feels that way. 3. Use parables, metaphors, controversial questions, true/false questions, quizzes. 4. Give kids the opportunity to find their own ways to apply the Bible.
<p>III. Social changes</p> <ol style="list-style-type: none"> 1. _____ are very important to teens. 2. Adolescence is the transition between being a child and becoming an _____. 3. They want to be independent. 4. Socially many teens feel awkward, shy, and _____. 	<ol style="list-style-type: none"> 1. Spend time together with sharing and get-to-know-you activities. Divide into small groups. 2. Relate to them like an adult friend. Do not mix kids and teens in the group. 3. Plan outings: camping, hiking. 4. Don't force the kids to do anything - read, pray, play, etc.

<p>IV. Emotional changes</p> <p>1. They have strong emotions.</p> <p>2. They may show emotional _____.</p> <p>3. Adolescents often feel that no one _____ them.</p>	<p>1. Use music, skits, movies to nourish their emotions.</p> <p>2. Be prepared, and help them see how God loves them and wants to help.</p> <p>3. Give the kids in your group an opportunity to express themselves.</p>
<p>V. Spiritual changes</p> <p>1. They may not have received _____.</p> <p>2. They are capable of _____.</p> <p>3. Older teenagers often have _____ about their faith. They may think that doubts are sin.</p>	<p>1. Make sure all of your kids understand what faith in Christ means.</p> <p>2. Give them real ministry to do.</p> <p>3. Make your group a safe place where kids can talk about their faith. Help kids find answers to their questions.</p>

VI. Advice on how to teach the Bible to teens

- A. Make sure the Bible lesson _____ to the kids' lives..
- B. Don't _____ the lesson.
- C. Don't try to solve _____ in one lesson.
- D. Expect _____ of your students (even if they are all troublemakers).
- E. Build _____ with your teenagers.
- F. Use some **rules** to keep the noise under control.
(For example, talk one at a time, no private conversations)

Discussion questions

- 1. When you were a teen did you go to Bible studies? What did you like and not like there?
- 2. Have you tried teaching the bible to teens? How did it go?
- 3. What behavior of teens has hindered you teaching the Bible? What kind of rules could you set up to correct the situation?